

## Flossing and Brushing Chart

Color in the circles to keep track of when you brush and floss.

When you fill in all three circles in one day, you can also color in the special tooth!

	morning	evening	good day!		morning	evening	good day!
SUNDAY	B	FB	$\bigcirc$	SUNDAY	B	FB	$\bigcirc$
MONDAY	B	FB	$\bigcirc$	MONDAY	B	FB	$\bigcirc$
TUESDAY	B	FB	$\bigcirc$	TUESDAY	B	FB	$\bigcirc$
WEDNESDAY	B	FB	$\bigcirc$	WEDNESDAY	B	FB	$\bigcirc$
THURSDAY	B	FB	$\bigcirc$	THURSDAY	B	FB	$\bigcirc$
FRIDAY	B	FB	$\bigcirc$	FRIDAY	B	FB	$\bigcirc$
SATURDAY	B	FB	$\bigcirc$	SATURDAY	B	FB	$\bigcirc$
	morning	evening	good day!		morning	evening	good day!
SUNDAY	morning	evening  F B	good day!	SUNDAY	morning	evening  F B	good day!
SUNDAY			good day!				good day!
	В	F B	good day!	SUNDAY	В	F B	good day!
MONDAY	B B	F B	good day!	SUNDAY	B B	FB FB	good day!
MONDAY	B B	FB FB	good day!	SUNDAY  MONDAY  TUESDAY	B B	FB FB	good day!
MONDAY  TUESDAY  WEDNESDAY	B B B	FB FB		SUNDAY  MONDAY  TUESDAY  WEDNESDAY	B B B	FB FB	